

## **Integrated Wellness & Education**

At Valley Spring Recovery collaboration stands at the very heart of our mission. We firmly believe that collective effort paves the way for genuine progress and impactful results. The areas outlined below are not mere offerings; they are open invitations to willing and capable partners. Together, let's co-create solutions, innovate, and shape the future of healthcare.

# Offerings:

- Value Integration: Seamlessly integrate our value-added services with insurance providers, managed care organizations, employee assistance firms, and employer groups for a streamlined experience and enhanced organizational efficiency.
- Outcome Evaluation: Collaborate, design and implement outcome evaluation studies to assess
  the effectiveness of our outpatient substance use and mental health treatment services,
  providing evidence-based insights to insurance companies and managed care organizations.
- Collaboration on Quality Improvement Initiatives: Collaborate with insurance companies and managed care organizations on quality improvement initiatives to enhance the quality and effectiveness of mental health and substance use treatment services.
- Educational Partnerships: Develop educational partnerships with EAPs and employer groups, providing training sessions, workshops, and educational resources to promote substance recovery and mental health awareness for supportive work environments.
- Market Insights: Provide valuable market insights and strategic guidance on emerging trends, needs, and opportunities in the healthcare industry, helping insurance providers and employer groups stay ahead of the curve and deliver innovative solutions to their clients or employees.

### Karen Bond \_ Director of Education

- Master's degree in Public Health and Clinical Research
- Registered Nurse (RN) with advanced studies in Clinical Research
- Published in medical journals such as The American Journal of Gastroenterology and the Journal of Hepatology.
- Collaborating with organizational leaders and individuals alike, Karen is dedicated to delivering exceptional value in wellness initiatives and education for organizations and their employees.

kbond@valleyspringrc.com

### 2023 Highlights

#### **Counselors Associations:**

- NJ Counselors Association Healthcare and Social Services:
- Atlantic County SN
- Essex County SN
- NJSSNA

#### **Industrial and Manufacturing:**

- USW 10-234
- IUE-CWA 81134

#### **Communication Workers Unions:**

- CWA Local 3640
- CWA Local 3603
- CWA Local 1084
- CWA Local 2222
- CWA Local 4340

#### **Teachers Associations:**

- Rahway EA
- S. Plainfield EA
- New Brunswick EA
- Dighton-Rehoboth TA
- Bayonne EA
- Hampton EA